

YOUR HEALTH COMPASS

Navigating your health journey

Alexander Forbes Health Member Webinars 2022

Alexander Forbes Health (Pty) Ltd in conjunction with **Discovery Health Medical Scheme** and **Discovery Vitality** will be hosting webinars on the Microsoft Teams platform during November 2021

Please click on the following link to register for one or more of the virtual events: [Click here.](#)

You will be able to choose any of the below-listed dates/times that have been set aside for the various virtual Discovery Health Medical Scheme and/or Vitality Focused information sessions:

Discovery Health Medical Scheme

- Tuesday, 2 November 2021, 09:00-11:00
- Thursday, 4 November 2021, 11:00-13:00
- Tuesday, 9 November 2021, 14:00-16:00
- Thursday, 11 November 2021, 09:00-11:00
- Tuesday, 16 November 2021, 11:00-13:00
- Thursday 18 November 2021, 14:00-16:00
- Tuesday, 23 November 2021, 09:00-11:00
- Thursday 25 November 2021, 11:00-13:00
- Tuesday, 30 November 2021, 14:00-16:00

Vitality Loyalty Programme

- Wednesday, 3 November 2021, 10:00-11:30
- Wednesday 17 November 2021, 14:30-16:00

We suggest you join the webinar session at least 5 minutes before the start time by clicking on the link that you will receive on the RSVP response/ email notification once you registered.