

Vitality changes for 2018

Vitality Active Rewards

Vitality Active Rewards members will be able to spin the wheel and earn a surprise reward on achieving three consecutive goals every three weeks. The rewards will be available during September 2017 and the current team rewards will fall away. Members will also have the opportunity to track their progress and add an unlimited number of Vitality Active Rewards friends to follow and challenge.

Enhanced Booster Benefits

Vitality Active Rewards members will be able to choose a bike, device or shoe booster benefit. The rewards are subject to an online activation fee:

Booster benefit	Online activation fee	Rewards
Bike booster	R700	Up to 25% of the 1 st R20 000 of the retail price of the bike over 36 months
Device booster	R350	Up to 50% cash back on the 1 st R4 000 of the retail price of the fitness device over 24 months
Shoe booster	R350	Up to 75% cash back on the first R2000 of the retail price of the running shoes over 12 months

Vitality Move

Vitality Move is free for all Discovery Health Medical Scheme members. Members can register on the Discovery Health website.

Once registered, members:

- Stand a chance of winning their Pick n Pay HealthyFood shopping spend every time they swipe their Vitality Move cards.
- Stand a chance of winning back all their shopping expenses at Pick n Pay if they do a Vitality Health Check.

To earn the following additional rewards, members must pay R35 for each adult over 18 years monthly:

- Can get up to R100 off their monthly gym fee at Virgin Active Club or Planet Fitness.
- Can earn up to R100 in Pick n Pay shopping rewards monthly.
- Can get up to R100 off movie tickets monthly.

To earn the rewards, members must achieve 10 fitness days, their weight must be in range and they must have completed a Vitality Health Check.

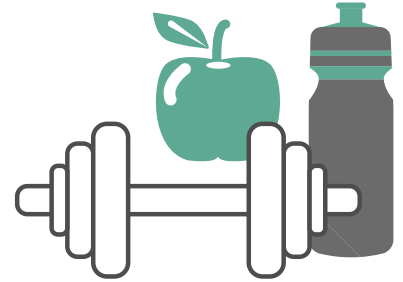


Vitality Active

Vitality Active is designed for young adults who don't belong to Vitality but have DiscoveryInsure.

- If they achieve a fitness goal and a drive goal, they qualify for weekly Active rewards.
- If they achieve their weekly goals three times in a row, they qualify for surprise rewards.
- Members of Vitality Active can get 25% off their gym membership and up to 100% of Discovery SmartLife Plan premiums back.

Vitality Active costs R40 per month for members under age 30.



Vitality Purple

Vitality members with a qualifying Discovery Purple product such as the Executive plan are eligible to upgrade to Vitality Purple. Vitality Purple members have access to the following:

- Discovery's Executive Wellness Experience, either at Discovery's executive medical centre or in the comfort of their own home or office.
- 75% off any Virgin Active or Planet Fitness gym membership for the principal member and spouse.
- Discounted home gym equipment rental.
- Access to customised training programmes by South Africa's leading sports scientists and professional coaches.
- Front row seats at iconic local and international sporting and entertainment events.
- Up to 50% off four premier spa treatments.
- Up to 50% off high-end fitness devices; up to 25% off premier road or mountain bike brands; or up to 25% off the best golf clubs.

Vitality contributions will increase by 9.06% to 11.15%, depending on family size. The contributions for 2018 are as follows:

	Member only	Member +1	Member +2 or more
Vitality	R239	R289	R329
Vitality Purple	R399	R459	R499

KeyFit will be discontinued from January 2018. Current KeyFit members will continue to enjoy the KeyFit benefits, however no new members will be accepted.